



**Activities Unlimited
General Meeting**
Tuesday June 11, 2024, 2 pm
Henneveld Hall, 580 Wyckoff Ave.

NOTE FROM THE PRESIDENT

Welcome to summer!! I was told that the secret of life is to fall seven times and get up eight times, so keep getting up.

In May, we had our Activities Unlimited luncheon at Portobello's restaurant. We had over 110 participants. I believe everyone had a great time. A special thanks to Gaspar Lesznick for doing a great job in setting up & running the luncheon.

We are looking forward to our June 7 barbecue at the Red Barn, Crestwood Park, Allendale. Send in your \$39 per person and come and have a great time.

In addition, golfers get your clubs out and join us on June 26 at the Farmstead golf club for our yearly golf outing. See page 5 of the Newsletter for details.

Make sure you read the entirety of this Newsletter. Don't stop on page one. There are many items of interest as well as valuable information about upcoming events. Please share the Newsletter with your wife or significant other. There are many social events that you can share with the family.

There is a long list of AU events & Club meetings to enjoy. Membership is increasing in all of our club activities. Let's keep up the good work. I strongly recommend trying a club you have not attended before. There is a wealth of knowledge and experience among our members that is shared at Club meetings. We welcome you; please join us. It is a great way to meet and socialize with your fellow members. My doctor keeps telling me to live longer, socialize more.

Jim Atieh, President

The Food Pantry donations at the Portabello Luncheon totaled \$155.

**Below are the Memorial Wreaths that AU placed at the WRC Church on
Memorial Day**



At the last Executive Committee meeting the Board approved the below amendments to the By Laws.

In accordance with By Laws Article XI “Amendments”, the amendments must be published in two prior Newsletters (in this case June and July) and announced at one General Meeting (June) before members vote at the September General Meeting.

Below is a listing of the proposed amendments to the current By Laws presently posted on the AU Website:

- Page 5. By Law, Article III Duties of Officers, Section 6 Assistant Treasure. Deleted Care and Concern responsibilities noted in Section 6.4 due to an overlap of responsibilities with the Cares and Concerns Committee; see Article IV: Appointees, Section 3.2. Section 6 renumbered.
- Page 7. Requirements for Cares and Concerns are mentioned twice, once in the By Laws and once in the Policies, Practices, and Procedures. To consolidate the requirements, the language in Policies, Practices, and Procedures Item 14, with modifications, was incorporated into By Laws, Article IV Appointees, Section 3.2 Cares and Concerns.
- Page 7. By Laws, Article IV Appointees, Section 3.2, the chairman of the Cares and Concerns Committee shall be appointed each January by the President.
- Page 7. Added By Laws, Article IV Appointees, Section 3.2.4; there is no term limit for the Chairman position.
- Page 8. By Laws, Article IV Appointees, Section 3.3 Communications Committee; Section 3.3.3.3 establishes a procedure to notify membership of an active member’s passing.
- Page 9. The Newsletter Editor position was moved from Policies, Practices, and Procedures to By Laws, Article IV, Section 4.0.

To Members: The Executive Committee requests your support in the approval of these amendments. Mark your calendar to attend the September General Meeting. Members can attend as many times as they want to show their support.



ACTIVITIES UNLIMITED



2024 OFFICERS



Jim Atieh
President
201-315-5346



Tom Donch
1st Vice President
201-376-8824



Gaspar Lesznik
2nd Vice President
201-774-8608



Rich Bernarde
Secretary
201-337-5238



Mike Kelley
Treasurer
973-879-4590



Scott Japko
Assistant Treasurer
201-788-5516

Our guest speaker for the **June 11, 2024** General Meeting is Frank Crotty who will talk about D-day, the planning and preparation for the invasion.

Frank graduated from Holy Cross College with a Bachelor of Arts in History and also graduated from Fordham Law School in 1975 with a JD Degree. He served in the US Army from 1968 to 1971, which included one year in Vietnam as a Prisoner of War Interrogator and Intelligence analyst.

For the last 11 years, Frank has lectured at the Wyckoff YMCA on a variety of subjects. Currently, Frank provides monthly lectures at the Y about the most important military battles in American history plus a series of lectures about the US involvement in Vietnam.

Frank has lectured twice for Activities Unlimited, once on the Battle of Gettysburg and once about gun control.

Join us on June 11th for an interesting presentation on an important military date in our history.

Tom Donch, First Vice President



Trips & Tours



The next T & T meeting is on June 11 at the Midland Park VFW Hall
Chair: John Caikowsky: 973-599-1056; johncaikosky@optonline.net

Upcoming events

June 7, 2024 — BBQ at the Red Barn, Crestwood Park, Allendale, NJ. See page 6 for details.

June 26 — AU Golf Outing at Farmstead Golf Course. Make checks payable to Activities Unlimited. Mail checks to Jim Webb, 970 Pines Terrace, Franklin Lakes, NJ. Jim's email: jimwebb970@gmail.com. Cost is \$100 for breakfast, cart, round of golf, lunch and prizes. All members are invited. If you have a friend (a potential AU member), invite him to join us. We can set up the foursomes. Just tell us you want to come. It will be a fun day of golf and fellowship.

Thursday, July 18 Wine Tasting – 6:00 pm - 9:00 pm. This event will be held at Total Wine, 1001 Main Street, River Edge, NJ, (right off Route 4). It will be a fun AU social gathering with pizza (soda & water will also be also available). Wives & significant others are invited, so send in your checks for \$15 pp payable to Activities Unlimited. Send to George Lewis, 45 Walnut Street West, Mahwah, NJ.

Thursday, September 12, 2024 — AU Annual Social will be held at the Upper Ridgewood Tennis Club, 915 Glenview Road, Ridgewood, NJ. The Social will be from 6:00pm to 9:00pm. Price and other details to follow. We're looking forward to our newer members joining us as it is a great way for them and their wives/significant others to meet other AU members in a casual social environment. No one will leave hungry as there will be plenty of food, wine, soda and water.

October 8 — Annual Breakfast / General Meeting at the Brick House.

October — Octoberfest Celebration at the Brownstone, Paterson
 Details to be provided in a future Newsletter.

December 4 — AU Christmas Dinner / Dance at Seasons. Details to Follow.

ACTIVITIES



UNLIMITED

Activities Unlimited 2024 BBQ

Where: Red Barn, Crestwood Park Allendale
Address: Klomburg Dr, Allendale, NJ
When: June 7, 2024—Friday
Rain Date: No Rain Date, the Red Barn is covered
BBQ: 4:00 PM to 8:30 PM
Cost: \$39.00 per person
Menu: Burgers, Fried Chicken, Ribs. Hot Dogs, Water, Soda, Deserts, Ice & Fixings
BYOB: Bring your own Alcohol + snacks
AU BAND: **Absolutely**

Joseph Pullaro 886 Iron Latch Rd, Franklin Lakes, NJ 07417

201-337 0018 - josephpullaro@hotmail.com

FLASH

Bring a Guest

Bring a GUEST(S) to the BBQ who may be interested in learning about AU and all that it offers in sharing good times and friendship

9 Days **WARNING** **DUE DATES ARE CLOSER THAN THEY APPEAR** **MAY 24TH**

Bring a GUEST BBQ 2024 Registration Form

 First Name AU Member Last Name AU Member

 First Name—AU Member Significant Other—Last Name

 Guest Last Name

 Guest First Name

Make checks Payable to Activities Unlimited

 AU Member Phone # & email

Cutoff Day For receiving Your Reservation and Payment is May 24, 2024

Last Day for full Refund is May 31, 2024

Over the last few months, Harry Bennet, AU Past President has led a team of AU Webmasters in developing a Bulletin Board to be the gateway when the activitiesunlimited.org website is accessed.

The purpose of the Bulletin Board is to:

- Expand availability of general interest information to AU members.
- Simplify membership access to general interest information.
- Provide quick access to Emergency and Alert messages.
- Capture, organize & improve access to lists of Service Providers used by members.
- Provide links to Community Activities
- Provide a Classified Ads section where members can offer or request items for sale or donation. (note: commercial sales are against AU Policy).

While the Bulletin Board is still under construction, it is available to view on the AU website.

When you visit the Bulletin Board you will see:

1. Emergency Notices (active but currently blank)
2. Alert Notices (active)
3. Links to:
 - a. Classified Ads (currently blank)
 - b. Club Updates (active)
 - c. Trade Service Providers
 - d. Community Activities (an assortment of links to local libraries, health and other community services.

You are invited to explore this addition to our website. Let Harry, or any of our Webmaster team, know what you think. We are open to all comments and suggestions. Our mission is to create a Bulletin Board that is helpful and easy to use for our members.

The Webmaster Team includes:

John Abrahamsen 201-739-8589 au.club.jwa@gmail.com
 Harry Bennett 201-803-1475 harrbenn7@gmail.com
 Rich Bernarde 201-693-3997 richbernarde@yahoo.com
 Doug Cooper 908-907-1112 dcoop1025@yahoo.com
 Bob Davidson 201-337-0154 robertwdavid@gmail.com
 Gaspar Lesznik 201-774-8608 gaspar.lesznik@gmail.com
 Elliot Richmond 201-476-1340 erichmond@esrassociates.com
 Marty Valerio 201-394-2938 marty@hyregulatory.com
 Dave Voehl 973-865-8705 dcvoehl@yahoo.com

May 2024 New Members

Welcome New Members

Mark A. Innocenzi	1055 Franklin Lakes Rd Franklin Lakes, NJ 07417	Short Hikers, Golf, Investment, Luncheon, Pickle Ball, Science, Stock Club, Tennis, Bocce	C: 201-697-8339 minnocenzi1055@gmail.com (Business)
Stephen J. Margulis	109 Blueberry Dr. Woodcliff Lake, NJ 07677	Hiking Long	H: 201-248-3960 C: 201-248-3960 sjmargulis@gmail.com (MD)
Scott W. Zucker (Maureen)	11 Beatrice Lane Wayne, NJ 07470	Pickle Ball, Tennis, Bocce	H: 201-315-6199 C: 201-315-6199 wade12354@aol.com (MD)

Current Month Club Activities

AU Guys

The AU Guys Band meets Wednesdays at 10:00am at the Midland Park VFW Hall. The AU Guys Band is very active. Future gigs include the AU Picnic on June 7.
Chair: **John DeSantis**: blueiii.earthlink.net; 201-447-0256.
Co-Chair: **Frank Altomare**: 201-410-4712; frank@altomare.us

Book Club

Books to be discussed at the June Book Club meeting are *In The Heart of the Sea* by Nathaniel Philbrick, which is the account of a 19th century maritime disaster that engaged the popular imagination of the time with its horrors of castaways and cannibalism. Also, *Evil Geniuses* by Kurt Andersen, in which the author tells the story of how America decided that big business gets whatever it wants, only the rich get richer and nothing should change - and charts a way back to the future.
Chair: **Vince Tortorelli**: carvince@aol.com; 201-316-2996.

History Club

The next History Club meeting will be on June 25 at the Midland Park VFW Hall. Our speaker will be our own, Al Connely who will talk about the 1300 "Little Ice Age."

The "little Ice Age" impacted at least Europe-Asia-North Africa if not the whole world. Prior ways of governing & living were no longer viable. For Europeans the path survival was to go world wide for trade & discovery. Societies, nations, and religions were changed.

Al's talk will focus on the impact to England and North America. Hope all can make it.

Chair: **Joe Pullaro**: josephpullaro@hotmail.com; 201-357-0018. Co-Chair: **Gaspar Lesznik**.

Stock Picking Contest

The May monthly winner was Tim Tracy. The month-to-month increase for this portfolio was 16.9%. The year-to-date winner was Steven Howard with year-to date gain of \$155K.

Chair: **John Abrahamsen**: au.club@optimum.net; 201-739-8589.

Current Month Club Activities (cont.)

Science Club

There will be no June, July, or August Meetings for the S/C. Plans for the September Meeting are underway. We desperately need new presenters, with new topics for the Fall (thank you to those who did recently volunteer). Others, please contact Marc B, Harry B, or myself. We are available and anxious to help with presentation preparation in any manner requested.

Twenty two members attended our May meeting which covered the FSK Bridge Accident (Thank you to Joe Pullaro and Tony DiIorgi for their help with the presentation). A copy of the very detailed NTBS Report on the accident has been sent to each S/C member. If any other AU Member would like a copy, let me know.

Future Plans:

A trip to a Science Museum is being considered for the Fall.

Chair: **Jack Yurasek:** jjurasek@aol.com; 201-337-4433

Co-chair: **Marc Bernhardt:** marc.bernhart@yahoo.com;

Public Discussion Club

The next meeting of the Public Discussion Club will be on June 12 at 10:00am. The meeting will take place in the Franklin Lakes Ambulance Corp. building. Topics are: 1. Should college students receive payment while a student. 2. Should Biden restrict the shipment of weapons to Israel?

Chair: **Walter Widmer:** WalterHWidmer@gmail.com;

Safe Shooting Club

In June and July the Club will shoot instead of having in person meetings. We will set those dates the first week in June.

Chair: **Dave Hubschmit:** ski3100@aol.com; 973-650-0052; Co-Chair: **Rich Beger:** gerrgb464@gmail.com

All AU members are invited.

Stock Picking Contest

The May monthly winner was Tim Tracy. The month-to-month increase for this portfolio was 16.9%. The year-to-date winner was Steven Howard with year-to date gain of \$155K.

Chair: **John Abrahamsen:** au.club@optimum.net; 201-739-8589.

Current Month Club Activities (cont'd)

Computer-Tech. Clubs

The June 4th meeting will be at 11am at the VFW. This meeting is combined with the Investment Study Group. During the second half of the meeting tools available on the Charles Schwab website will be discussed.

On June 18th at 10:30am at the VFW a meeting on new Technology will be hosted by Fred Theile. Also, on the 18th, a segment led by John Abrahamsen will focus on "Windows" using a photo from a smartphone to create a "Thank You" card which can be emailed or text to the recipient.

Chair: John Abrahamsen: au.club@optimum.net; 201-739-8589

Fred Theile Chairs the Technology portion of the Club: 201-825-7541

Photography Club

VFW in Midland Park. Among the topics we will discuss are action photography and how to cull your photos.

Chair **Murray Perl:** 201-446-7357; mdperl@gmail.com; 201-261-7276 Co-chair: **Sam Ohan:** samo993@verizon.net; 201-825-0437.

Investment Study Group

The Investment Study Group will meet on **June 4, 11am** at the VFW in, Midland Park.

This meeting's topic is Investment and Financial Planning services that Charles Schwab offers.

The meeting is open to all AU members and spouses/significant others.

Michael Valenza Financial Consultant will give a high-level overview of different investment and financial planning services that Charles Schwab offer.

Shawn Carpenter Investment Strategist, assisted by AU member John Abrahamsen, they will tour the Charles Schwab website,

Stock Market Club

The AU Stock Market Club meets on the first and third Tuesday of each month. The Club meets at 9:00 am at the VFW Hall in Midland Park.

Chair: **Frank Nusspickel:** nusspickel@aol.com; 201-739-5773.

On May 30 Tom Donch, First Vice President hit a “Hole in One” at the 5th hole at the Paramus Golf Course



Recently,,AU member John Steen caught a beautiful, award winning 6lb wide mouth bass on Black Lake, Bethel, NY!



On May 1st, Jim Cinquina (on right) led the Short Hikers and Garden Club members around an educational tour of the gardens and horticulture of NJ Skylands Botanical Gardens we have never seen! Amazing day. Thanks to Jim for the tour down the Cherry Blossom trees in bloom in the Grand Walkway Lane!



On The Lighter Side



On The Lighter Side

Three women go down to Mexico one night to celebrate college graduation. They get drunk and wake up in jail, only to find that they are to be executed in the morning – though none of them can remember what they did the night before. The first one, a red-head, is strapped in the electric chair and is asked if she has any last words. She says, “I just graduated from Trinity Bible College and believe in the almighty power of God to intervene on the behalf of the innocent.” They throw the switch and nothing happens. They all immediately fall to the floor on their knees, beg for forgiveness, and release her. The second one, a brunette, is strapped in and gives her last words. “I just graduated from the Harvard School of Law and I believe in the power of justice to intervene on the part of the innocent.” They throw the switch and again, nothing happens. Again they all immediately fall to their knees, beg for forgiveness and release her. The last one, a blonde, is strapped in and says, “Well, I’m from the University of Texas and just graduated with a degree in Electrical Engineering, and I’ll tell ya right now, ya’ll ain’t gonna electrocute nobody if you don’t plug this thing in.

Activities Unlimited Newsletter
Obituary
Joseph Lamela
March 7, 1930 ~ May 15, 2024 (age 94)

Joseph Lamela a 50 year resident of Saddle River, NJ, formerly of Ho-Ho-Kus, passed away on May 15th, 2024. Born in Paterson, NJ, Joe graduated from Seton Hall University, received his Master's degree from William Paterson University and did post graduate studies at Montclair State University and Columbia Universities. His career in education spanned 35 years, starting as a teacher in Hopatcong, NJ and going on as a teacher/principal in Branchville, NJ. After a few years, he was appointed principal of the Randy Carter School in Wayne, NJ and later as the founding principal of the James Fallon School, also in Wayne, NJ.

In 1966, Joe accepted a position in Norwood, NJ as the district administrator. In 1973 he joined the Ridgewood, NJ school system as principal of Travell and Willard Schools. He served in leadership positions in local, state and national professional associations.

Following public school retirement, he returned, for several years to the educational field as an adjunct professor at William Paterson and Montclair U. supervising student teachers.

Joe served in the National Guard and went on active duty during the Korean War as a 2nd Lt. in the armored infantry.

An avid gardener, he completed the Master Gardener program at Rutgers University and was awarded special recognition as Master Gardener of the year in 1997 for his contribution in presenting horticultural programs to civic and garden clubs in the NJ area. He loved fishing, especially surf casting on Nantucket Is., where he enjoyed many summers with his family.

Joe was an active member of "Activities Unlimited" in Wyckoff and served as chairman of the garden club. He also served on the Ho-Ho-Kus Ambulance Corps.

Joe is survived by his beloved wife of 67 years, Carolyn (nee Memoli), 2 daughters, Susan of Toms River, NJ and Joanne (Mike Messler) of Ho-Ho-Kus, NJ. His 5 grandchildren, Tara McCord, Jena Burgess, Garrett Burgess, Lauren Messler, Christopher Messler, and 5 great grandchildren.

Joseph was a parishioner at St. Gabriel's church in Upper Saddle where he served as a Eucharistic minister, and was a member of the Knights of Columbus and feeding the homeless ministry..